

Essentials Kits for Refugees



All kits will be distributed to refugee families in need.

Contact us at reachus@OfOneHeart.org to let us know your estimated numbers.

**Note: We will gladly take any items collected that do not make a full kit.

KITCHEN ESSENTIALS KIT	KITCHEN UTENSILS KIT	EATING UTENSIL KIT
<ul style="list-style-type: none"> <input type="checkbox"/> 4-6 Food storage containers <input type="checkbox"/> 1 Pitcher/jug <input type="checkbox"/> 2 Ice cube trays <input type="checkbox"/> 1-2 Rolls of paper towels <input type="checkbox"/> 1 Cutting board <input type="checkbox"/> Measuring cups and spoons <input type="checkbox"/> Ziploc bags (optional) <p style="text-align: center;">*Place in durable, reusable grocery bag</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Peeler <input type="checkbox"/> Can opener <input type="checkbox"/> Grater <input type="checkbox"/> Slotted spoon <input type="checkbox"/> Turning spatula <input type="checkbox"/> Tongs <input type="checkbox"/> Ladle <input type="checkbox"/> Whisk <input type="checkbox"/> Potato masher <input type="checkbox"/> Stirring spoon <input type="checkbox"/> 2-3 Wooden spoons <input type="checkbox"/> Rubber spatula <input type="checkbox"/> Kitchen scissors <p style="text-align: center;">*Place in 2-gallon zip-top bag</p>	<ul style="list-style-type: none"> <input type="checkbox"/> 4 Forks <input type="checkbox"/> 4 Spoons <input type="checkbox"/> 4 Butter knives <input type="checkbox"/> 3-5 Sharp cooking knives various sizes <p style="text-align: center;">*Place in 1-gallon zip-top bag</p> <p style="text-align: center;">*Bundle sharp knives separately (wrap in plastic wrap or masking tape)</p>
BAKEWARE KIT	KITCHEN LINENS KIT	STOVE COOKING KIT
<ul style="list-style-type: none"> <input type="checkbox"/> 1-2 Cookie Sheets <input type="checkbox"/> 2 Medium to large baking dishes <input type="checkbox"/> 1 Bread pan <input type="checkbox"/> 1 One 12 cup muffin tin 	<ul style="list-style-type: none"> <input type="checkbox"/> 4 Hand/dish Towels <input type="checkbox"/> 4 Dish/wash clothes <input type="checkbox"/> 2 Pot holders <input type="checkbox"/> Apron (optional) <p style="text-align: center;">*Place in 2-gallon zip-top bag</p>	<ul style="list-style-type: none"> <input type="checkbox"/> 1 Large Stock pot <input type="checkbox"/> 1-2 Saucepans <input type="checkbox"/> 2-3 Frying pans various sizes <input type="checkbox"/> 1 Stove-top tea kettle
TWIN BED BAG	FULL/QUEEN BED BAG	BEDROOM KIT
<ul style="list-style-type: none"> <input type="checkbox"/> Twin size comforter/bedspread <input type="checkbox"/> Twin flat sheet <input type="checkbox"/> Twin fitted sheet <input type="checkbox"/> One pillow case <p style="text-align: center;">*New or clean gently-used</p> <p>*Bundle sheets and pillowcase in a clear 2-gallon zip-top bag labeled: "Twin sheet set." Bring comforter in separately.</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Full or Queen size comforter or bedspread <input type="checkbox"/> Flat sheet <input type="checkbox"/> Fitted sheet <input type="checkbox"/> 2 Pillowcases <p style="text-align: center;">*New or clean gently-used</p> <p>*Bundle sheets and pillowcases in a clear 2-gallon zip-top bag labeled: "Full/Queen sheet set." Bring comforter in separately.</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Wall clock <input type="checkbox"/> Alarm clock <input type="checkbox"/> Batteries (AA and AAA) <input type="checkbox"/> Light bulbs <input type="checkbox"/> 2 NEW pillows <input type="checkbox"/> Plastic hangers (8-10) <input type="checkbox"/> Laundry basket <p style="text-align: center;">*Place in sturdy plastic laundry basket.</p>

BATHROOM KIT	TOWEL KIT	LIGHT KIT
<ul style="list-style-type: none"> <input type="checkbox"/> Bath mat (new) <input type="checkbox"/> Shower curtain (new or clean gently-used) <input type="checkbox"/> Shower curtain liner (if needed) <input type="checkbox"/> Shower curtain rings <input type="checkbox"/> Shower curtain rod (63"or longer) <p>*Bundle all (except shower curtain rod) and wrap in plastic wrap and label contents.</p>	<ul style="list-style-type: none"> <input type="checkbox"/> 2 Bath towels <input type="checkbox"/> 1 Hand towel <input type="checkbox"/> 2 Washcloths <p>*Wrap tightly in plastic wrap and label contents and quantities.</p>	<ul style="list-style-type: none"> <input type="checkbox"/> 2 Table lamps <input type="checkbox"/> 1 Floor lamp <input type="checkbox"/> Light bulbs (standard size base 60 watt) <p>*Ikea has affordable options.</p>
WOMEN'S PURSE	MEN'S BAG	BACKPACK KIT
<ul style="list-style-type: none"> <input type="checkbox"/> Women's purse <input type="checkbox"/> Wallet <input type="checkbox"/> Chapstick/small hygiene items <input type="checkbox"/> Reusable water bottle <input type="checkbox"/> Hair accessories <input type="checkbox"/> Travel tissue/wipes <input type="checkbox"/> Small notebook/pen <p>*Place all items in new or gently used women's purse</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Messenger bag or drawstring backpack <input type="checkbox"/> Wallet <input type="checkbox"/> Chapstick <input type="checkbox"/> Reusable water bottle <input type="checkbox"/> Travel tissue <input type="checkbox"/> Small notebook/pen <p>*Place in new or gently-used drawstring or light backpack or messenger bag.</p>	<ul style="list-style-type: none"> <input type="checkbox"/> One 1" or 2" binder <input type="checkbox"/> Three 1-subject notebooks <input type="checkbox"/> Pencils <input type="checkbox"/> Pens <input type="checkbox"/> Filler paper <input type="checkbox"/> Thin markers <input type="checkbox"/> Colored pencils <input type="checkbox"/> Highlighters <input type="checkbox"/> Small pencil sharpener <input type="checkbox"/> Reusable water bottle <p>*Please put in a new or gently-used backpack.</p>
HYGIENE KIT SINGLE (Male or Female)	HYGIENE KIT -- KIDS	HYGIENE KIT-FAMILY
<ul style="list-style-type: none"> <input type="checkbox"/> Shampoo/conditioner Combo (tape down lid) <input type="checkbox"/> 1-2 Bar soap <input type="checkbox"/> Comb and brush <input type="checkbox"/> Toothbrush <input type="checkbox"/> Toothpaste <input type="checkbox"/> 2 razors <input type="checkbox"/> Lotion <input type="checkbox"/> 1-2 Deodorant <input type="checkbox"/> Feminine hygiene (pads only) Female kit only <p>*Place in 2-gallon zip-top bag. All items should be full-sized. No travel sizes.</p> <p>*Label "MALE" or "FEMALE"</p> <p>*Please tape down lids to prevent leakage.</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Kid shampoo/conditioner (tape down lid) <input type="checkbox"/> Children's toothbrush <input type="checkbox"/> Toothpaste <input type="checkbox"/> Bar soap <p>*Place in quart or 1-gallon zip-top bag.</p> <p>* Please tape down lids of shampoo to prevent leakage.</p>	<ul style="list-style-type: none"> <input type="checkbox"/> 2 Shampoo/conditioner combo (Large) (tape down lid) <input type="checkbox"/> 4-6 Bars of soap <input type="checkbox"/> 1 Large body lotion (tape down lid) <input type="checkbox"/> 2 Large toothpaste <input type="checkbox"/> Multipack toothbrushes <input type="checkbox"/> 4-6 Razors <input type="checkbox"/> 2-3 Combs and brushes <input type="checkbox"/> 4 Deodorant (2 male/2 female) <input type="checkbox"/> Feminine hygiene (pads only) <p>*Place in 2-gallon zip-top bag. All items should be full-sized. No travel sizes.</p> <p>*Please tape down lids to prevent leakage.</p>

CLEANING SUPPLIES KIT	HOME ESSENTIALS KIT	ENGLISH LANGUAGE KITS
<ul style="list-style-type: none"> <input type="checkbox"/> Small wash bucket <input type="checkbox"/> Dish soap (tape down lid) <input type="checkbox"/> All-purpose cleaner <input type="checkbox"/> Laundry detergent <input type="checkbox"/> Scrub pads/sponges <input type="checkbox"/> Cleaning cloths (new) <input type="checkbox"/> Kitchen size trash bags <input type="checkbox"/> 2-3 Bars of soap <input type="checkbox"/> Toilet brush w/ base (new) <input type="checkbox"/> Broom/dustpan (new) <input type="checkbox"/> Mop (new) <p style="text-align: center;">*Place in wash bucket</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Sharpie/pencil/pen <input type="checkbox"/> Hammer or mallet <input type="checkbox"/> Screwdriver (flat) <input type="checkbox"/> Batteries (4 AAA, 4 AA) <input type="checkbox"/> A length of rope/line <input type="checkbox"/> Clothes pins <input type="checkbox"/> Finishing nails and screws/anchors (for wall hanging) <input type="checkbox"/> Small sewing kit <input type="checkbox"/> Flashlight (optional) <input type="checkbox"/> Band-aids (please put in small zip-top bag) <p style="text-align: center;">*Place in 2-gallon zip-top bag</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Early learning book <input type="checkbox"/> Pens <input type="checkbox"/> Pencils <input type="checkbox"/> Highlighter <input type="checkbox"/> English word/picture flashcards <input type="checkbox"/> Notebook <input type="checkbox"/> Blank index cards <input type="checkbox"/> Post it notes <input type="checkbox"/> Pencil sharpener <input type="checkbox"/> “Let’s Learn English Picture Dictionary” book (from Amazon) <p style="text-align: center;">*Place in soft book bag or 2-gallon zip-top bag</p>
DRY FOOD KIT	NEWBORN BABY BAG	NEW MOTHER’S KIT
<ul style="list-style-type: none"> <input type="checkbox"/> Sugar – 5 lbs <input type="checkbox"/> Rice – 5 lbs <input type="checkbox"/> Flour – 5 lbs <input type="checkbox"/> Salt – 1 large Morton Salt <input type="checkbox"/> 1 large bottle of oil (corn oil, olive oil or palm oil) <input type="checkbox"/> Dry beans – 5 lbs+ (broad bean/fava, white beans, chickpea/garbanzo, lentils--green, brown or red, black beans) <input type="checkbox"/> Salt/pepper (shakers) <input type="checkbox"/> Cinnamon <input type="checkbox"/> Cumin <input type="checkbox"/> Cayenne <input type="checkbox"/> Ginger <input type="checkbox"/> Garlic powder <input type="checkbox"/> Onion powder <input type="checkbox"/> Za’atar (Middle Eastern mix -- optional) <input type="checkbox"/> Nutmeg <input type="checkbox"/> Turmeric <p style="text-align: center;">*Place in durable, reusable grocery bag</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Size 1, 2 or 3 diapers <input type="checkbox"/> Refillable wipes <input type="checkbox"/> Receiving blanket <input type="checkbox"/> Baby hat <input type="checkbox"/> Onesies, burp cloths & bibs (0-3 months or 3-6 months) <input type="checkbox"/> Baby shampoo and lotion <input type="checkbox"/> Teething ring <input type="checkbox"/> Baby toy/book <p style="text-align: center;">*Place in soft cloth bag or diaper bag and label size of diapers/onesie.</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Baby stroller (umbrella type preferred) <input type="checkbox"/> Diapers (any size) <input type="checkbox"/> Baby wipes <input type="checkbox"/> Burp cloths <input type="checkbox"/> Baby blanket <p style="text-align: center;">*Place small items in diaper bag (or backpack or large cloth purse).</p> <p style="text-align: center;">*In the camps, refugees get one diaper a day. Even after they arrive, diapers are so expensive, they continue to use one diaper a day to save money for food</p>